

Semiannual Report

June 30, 2021



MFS[®] Utilities Series

MFS[®] Variable Insurance Trust

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The report is prepared for the general information of contract owners. It is authorized for distribution to prospective investors only when preceded or accompanied by a current prospectus.

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LETTER FROM THE CEO



Dear Contract Owners:

After experiencing dramatic swings in the early days of the coronavirus pandemic, global equity markets have performed strongly over the past year. Though the speedy development of vaccines brightened the economic and market outlook, uncertainty remains as new variants of the virus appear, and questions persist over how fast vaccines can be made widely available in the developing world.

Global central banks have taken aggressive steps to cushion the economic and market fallout related to the virus, and governments are deploying unprecedented levels of fiscal support. Having passed a \$1.9 trillion stimulus package in March, the U.S. Congress could approve additional stimulus later this year, some of it focused on infrastructure. Along with extraordinary government expenditures, pent-up consumer demand fueled a surge in economic activity as coronavirus restrictions were eased, pushing up inflation, at least temporarily. Markets initially reacted by pushing up yields on global government bonds, though some of the rate rise has since been corrected.

A spirited debate is underway among investors over whether the current price pressures will persist or prove to be temporary, caused by pandemic-induced bottlenecks. The policy measures put in place to counteract the pandemic's effects have helped build a supportive environment and are encouraging economic recovery; however, if markets disconnect from fundamentals, they can sow the seeds of instability. As such, recent dramatic increases in speculative trading in cryptocurrencies, special purpose acquisition companies (SPACs), and the like bear watching.

In the aftermath of the crisis, we could see societal changes as households, businesses, and governments adjust to a new reality, and any such alterations could affect the investment landscape. For investors, events such as the COVID-19 outbreak demonstrate the importance of having a deep understanding of company fundamentals, and we have built our global research platform to do just that.

At MFS®, we put our clients' assets to work responsibly by carefully navigating the increasing complexity of global markets and economies. Guided by our long-term philosophy and adhering to our commitment to sustainable investing, we tune out the noise and aim to uncover what we believe are the best, most durable investment opportunities in the market. Our unique global investment platform combines collective expertise, long-term discipline, and thoughtful risk management to create sustainable value for investors.

Respectfully,

A handwritten signature in black ink that reads "Michael Roberge". The signature is fluid and cursive, with a long horizontal line extending to the right.

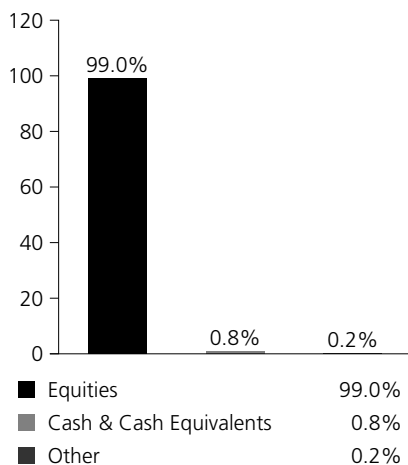
Michael W. Roberge
Chief Executive Officer
MFS Investment Management

August 13, 2021

The opinions expressed in this letter are subject to change and may not be relied upon for investment advice. No forecasts can be guaranteed.

PORTFOLIO COMPOSITION

Portfolio structure (i)



Top ten holdings (i)

NextEra Energy, Inc.	8.0%
EDP Renovaveis S.A.	5.7%
Southern Co.	5.2%
Duke Energy Corp.	5.0%
Exelon Corp.	4.9%
Dominion Energy, Inc.	4.8%
Sempra Energy	3.2%
Enel S.p.A.	3.2%
Edison International	2.9%
PG&E Corp.	2.9%

Top five industries (i)

Utilities-Electric Power	81.8%
Telecommunications-Wireless	7.1%
Natural Gas-Distribution	3.6%
Cable TV	2.7%
Telephone Services	2.2%

Issuer country weightings (i)(x)

United States	69.1%
Portugal	7.4%
Spain	5.4%
United Kingdom	4.5%
Italy	3.2%
Germany	3.0%
Canada	2.3%
Thailand	0.7%
Brazil	0.7%
Other Countries	3.7%

(i) For purposes of this presentation, the components include the value of securities, and reflect the impact of the equivalent exposure of derivative positions, if any. These amounts may be negative from time to time. Equivalent exposure is a calculated amount that translates the derivative position into a reasonable approximation of the amount of the underlying asset that the portfolio would have to hold at a given point in time to have the same price sensitivity that results from the portfolio's ownership of the derivative contract. When dealing with derivatives, equivalent exposure is a more representative measure of the potential impact of a position on portfolio performance than value. The bond component will include any accrued interest amounts.

(x) Represents the portfolio's exposure to issuer countries as a percentage of a portfolio's net assets. For purposes of this presentation, United States includes Cash & Cash Equivalents and Other.

Where the fund holds convertible bonds, they are treated as part of the equity portion of the portfolio.

Cash & Cash Equivalents includes any cash, investments in money market funds, short-term securities, and other assets less liabilities. Please see the Statement of Assets and Liabilities for additional information related to the fund's cash position and other assets and liabilities.

Other includes equivalent exposure from currency derivatives and/or any offsets to derivative positions and may be negative.

Percentages are based on net assets as of June 30, 2021.

The portfolio is actively managed and current holdings may be different.

EXPENSE TABLE

Fund Expenses Borne by the Contract Holders during the Period, January 1, 2021 through June 30, 2021

As a contract holder of the fund, you incur ongoing costs, including management fees; distribution and/or service (12b-1) fees; and other fund expenses. This example is intended to help you understand your ongoing costs (in dollars) of investing in the fund and to compare these costs with the ongoing costs of investing in other mutual funds.

The example is based on an investment of \$1,000 invested at the beginning of the period and held for the entire period January 1, 2021 through June 30, 2021.

Actual Expenses

The first line for each share class in the following table provides information about actual account values and actual expenses. You may use the information in this line, together with the amount you invested, to estimate the expenses that you paid over the period. Simply divide your account value by \$1,000 (for example, an \$8,600 account value divided by \$1,000 = 8.6), then multiply the result by the number in the first line under the heading entitled "Expenses Paid During Period" to estimate the expenses you paid on your account during this period.

Hypothetical Example for Comparison Purposes

The second line for each share class in the following table provides information about hypothetical account values and hypothetical expenses based on the fund's actual expense ratio and an assumed rate of return of 5% per year before expenses, which is not the fund's actual return. The hypothetical account values and expenses may not be used to estimate the actual ending account balance or expenses you paid for the period. You may use this information to compare the ongoing costs of investing in the fund and other funds. To do so, compare this 5% hypothetical example with the 5% hypothetical examples that appear in the shareholder reports of the other funds.

Please note that the expenses shown in the table are meant to highlight the fund's ongoing costs only and do not take into account the fees and expenses imposed under the variable contracts through which your investment in the fund is made. Therefore, the second line for each share class in the table is useful in comparing ongoing costs associated with an investment in vehicles (such as the fund) which fund benefits under variable annuity and variable life insurance contracts and to qualified pension and retirement plans only, and will not help you determine the relative total costs of investing in the fund through variable annuity and variable life insurance contracts. If the fees and expenses imposed under the variable contracts were included, your costs would have been higher.

Share Class		Annualized Expense Ratio	Beginning Account Value 1/01/21	Ending Account Value 6/30/21	Expenses Paid During Period (p) 1/01/21-6/30/21
Initial Class	Actual	0.78%	\$1,000.00	\$1,030.29	\$3.93
	Hypothetical (h)	0.78%	\$1,000.00	\$1,020.93	\$3.91
Service Class	Actual	1.03%	\$1,000.00	\$1,029.12	\$5.18
	Hypothetical (h)	1.03%	\$1,000.00	\$1,019.69	\$5.16

(h) 5% class return per year before expenses.

(p) "Expenses Paid During Period" are equal to each class's annualized expense ratio, as shown above, multiplied by the average account value over the period, multiplied by 181/365 (to reflect the one-half year period).

PORTFOLIO OF INVESTMENTS – 6/30/21 (unaudited)

The Portfolio of Investments is a complete list of all securities owned by your fund. It is categorized by broad-based asset classes.

Issuer	Shares/Par	Value (\$)	Issuer	Shares/Par	Value (\$)
COMMON STOCKS – 96.3%			COMMON STOCKS – continued		
Cable TV – 2.7%			Utilities - Electric Power – continued		
Charter Communications, Inc., "A" (a)	39,504	\$ 28,500,161	Emera, Inc.	330,222	\$ 14,981,998
NOS, SGPS S.A.	1,174,159	4,115,518	Enel S.p.A.	4,146,654	38,509,126
		\$ 32,615,679	Energias de Portugal S.A.	3,185,812	16,885,769
			Entergy Corp.	86,898	8,663,731
Natural Gas - Distribution – 3.1%			Equatorial Energia S.A.	1,133,900	5,653,770
Atmos Energy Corp.	238,373	\$ 22,910,029	Eergy, Inc.	389,340	23,527,816
China Resources Gas Group Ltd.	1,178,000	7,070,155	Exelon Corp.	1,340,724	59,407,483
UGI Corp.	162,556	7,527,968	FirstEnergy Corp.	717,511	26,698,584
		\$ 37,508,152	Iberdrola S.A.	2,503,418	30,515,442
			National Grid PLC	1,865,475	23,761,350
Natural Gas - Pipeline – 1.6%			Neoenergia S.A.	899,100	3,139,927
DT Midstream LLC (a)	121,993	\$ 4,716,250	NextEra Energy Partners LP	57,051	4,356,414
Enterprise Products Partners LP	372,985	9,000,128	NextEra Energy, Inc.	1,321,119	96,811,601
Equitrans Midstream Corp.	608,877	5,181,543	PG&E Corp. (a)	3,428,206	34,864,855
Plains All American Pipeline LP	30,820	350,115	Pinnacle West Capital Corp.	158,310	12,976,671
		\$ 19,248,036	Portland General Electric Co.	128,597	5,925,750
			Public Service Enterprise Group, Inc.	362,117	21,632,870
Telecommunications - Wireless – 7.1%			RWE AG	544,434	19,728,396
Advanced Info Service Public Co. Ltd.	1,649,500	\$ 8,800,764	Sempra Energy	293,977	38,946,073
Cellnex Telecom S.A.	541,254	34,477,066	Southern Co.	1,049,095	63,480,738
KDDI Corp.	226,700	7,070,665	SSE PLC	1,469,511	30,501,782
Mobile TeleSystems PJSC, ADR	201,097	1,862,158	Vistra Corp.	511,227	9,483,261
SBA Communications Corp., REIT	62,355	19,872,539			\$ 965,890,968
T-Mobile USA, Inc. (a)	97,685	14,147,719			
		\$ 86,230,911	Total Common Stocks (Identified Cost, \$858,683,548)		\$1,167,835,230
Telephone Services – 2.1%			CONVERTIBLE PREFERRED STOCKS – 2.7%		
Hellenic Telecommunications Organization S.A.	472,528	\$ 7,928,247	Utilities - Electric Power – 2.7%		
Rogers Communications, Inc., "B"	247,362	13,150,335	CenterPoint Energy, Inc., 7%	431,280	\$ 19,545,610
Telesites S.A.B. de C.V. (a)	5,689,300	5,262,902	DTE Energy Co., 6.25%	64,750	3,200,593
		\$ 26,341,484	NextEra Energy, Inc., 5.279%	64,600	3,162,816
			Sempra Energy, 6.75%	64,868	6,407,012
Utilities - Electric Power – 79.7%			Total Convertible Preferred Stocks (Identified Cost, \$29,027,293)		\$ 32,316,031
AES Corp.	1,006,141	\$ 26,230,096			
ALLETE, Inc.	93,463	6,540,541	INVESTMENT COMPANIES (h) – 0.6%		
Alliant Energy Corp.	457,667	25,519,512	Money Market Funds – 0.6%		
American Electric Power Co., Inc.	236,477	20,003,589	MFS Institutional Money Market Portfolio, 0.02% (v) (Identified Cost, \$6,853,786)	6,853,786	\$ 6,853,786
CenterPoint Energy, Inc.	635,691	15,587,143			
CLP Holdings Ltd.	795,000	7,863,684	OTHER ASSETS, LESS LIABILITIES – 0.4%		4,908,483
Dominion Energy, Inc.	790,797	58,178,935			
DTE Energy Co. (a)	243,986	27,106,845	NET ASSETS – 100.0%		\$1,211,913,530
Duke Energy Corp.	614,317	60,645,374			
E.ON SE	1,448,305	16,750,816			
Edison International	603,888	34,916,804			
EDP Renovaveis S.A.	2,981,666	69,083,882			
Electricite de France S.A.	513,208	7,010,340			

(a) Non-income producing security.

(h) An affiliated issuer, which may be considered one in which the fund owns 5% or more of the outstanding voting securities, or a company which is under common control. At period end, the aggregate values of the fund's investments in affiliated issuers and in unaffiliated issuers were \$6,853,786 and \$1,200,151,261, respectively.

(v) Affiliated issuer that is available only to investment companies managed by MFS. The rate quoted for the MFS Institutional Money Market Portfolio is the annualized seven-day yield of the fund at period end.

Portfolio of Investments (unaudited) – continued

The following abbreviations are used in this report and are defined:

ADR American Depositary Receipt

REIT Real Estate Investment Trust

Abbreviations indicate amounts shown in currencies other than the U.S. dollar. All amounts are stated in U.S. dollars unless otherwise indicated. A list of abbreviations is shown below:

CAD Canadian Dollar

EUR Euro

GBP British Pound

Derivative Contracts at 6/30/21**Forward Foreign Currency Exchange Contracts**

	Currency Purchased	Currency Sold	Counterparty	Settlement Date	Unrealized Appreciation (Depreciation)	
Asset Derivatives						
USD	95,404	CAD	115,184	Morgan Stanley Capital Services, Inc.	7/16/2021	\$ 2,485
USD	71,481,800	EUR	58,647,884	Barclays Bank PLC	8/12/2021	1,881,876
USD	1,475,555	EUR	1,237,003	BNP Paribas S.A.	7/16/2021	8,347
USD	819,120	EUR	669,394	Brown Brothers Harriman	7/16/2021	25,153
USD	3,332,602	EUR	2,766,344	Citibank N.A.	7/16/2021	51,444
USD	6,235,856	EUR	5,227,125	Merrill Lynch International	7/16/2021	35,966
USD	95,335,754	EUR	79,799,040	State Street Bank Corp.	7/16/2021	686,172
USD	112,787	GBP	79,609	State Street Bank Corp.	7/16/2021	2,660
						<u>\$2,694,103</u>
Liability Derivatives						
CAD	499,067	USD	413,667	BNP Paribas S.A.	7/16/2021	\$ (11,068)
CAD	518,076	USD	427,897	Brown Brothers Harriman	7/16/2021	(9,963)
CAD	205,670	USD	167,464	Merrill Lynch International	7/16/2021	(1,550)
CAD	1,238,993	USD	1,014,869	Morgan Stanley Capital Services, Inc.	7/16/2021	(15,369)
EUR	227,712	USD	276,030	Brown Brothers Harriman	7/16/2021	(5,941)
EUR	62,174	USD	74,576	Citibank N.A.	7/16/2021	(831)
EUR	14,834,090	USD	17,695,635	HSBC Bank	7/16/2021	(100,932)
EUR	35,130	USD	43,004	Merrill Lynch International	7/16/2021	(1,336)
USD	221,573	CAD	277,635	Brown Brothers Harriman	7/16/2021	(2,397)
USD	18,736,046	CAD	23,614,744	JPMorgan Chase Bank N.A.	7/16/2021	(314,051)
USD	31,953,801	GBP	23,260,934	Goldman Sachs International	7/16/2021	(224,425)
USD	398,076	GBP	288,520	Morgan Stanley Capital Services, Inc.	7/16/2021	(1,051)
USD	2,614,057	GBP	1,901,000	State Street Bank Corp.	7/16/2021	(15,708)
						<u>\$ (704,622)</u>

At June 30, 2021, the fund had cash collateral of \$850,000 to cover any collateral or margin obligations for certain derivative contracts. Restricted cash and/or deposits with brokers in the Statement of Assets and Liabilities are comprised of cash collateral.

See Notes to Financial Statements

FINANCIAL STATEMENTS | STATEMENT OF ASSETS AND LIABILITIES (unaudited)

This statement represents your fund's balance sheet, which details the assets and liabilities comprising the total value of the fund.

At 6/30/21

Assets	
Investments in unaffiliated issuers, at value (identified cost, \$887,710,841)	\$1,200,151,261
Investments in affiliated issuers, at value (identified cost, \$6,853,786)	6,853,786
Restricted cash for	
Forward foreign currency exchange contracts	850,000
Receivables for	
Forward foreign currency exchange contracts	2,694,103
Investments sold	610,331
Fund shares sold	16,035
Interest and dividends	2,945,099
Other assets	7,783
Total assets	\$1,214,128,398
Liabilities	
Payables for	
Forward foreign currency exchange contracts	\$704,622
Fund shares reacquired	1,216,985
Payable to affiliates	
Investment adviser	48,798
Administrative services fee	932
Shareholder servicing costs	769
Distribution and/or service fees	9,317
Accrued expenses and other liabilities	233,445
Total liabilities	\$2,214,868
Net assets	\$1,211,913,530
Net assets consist of	
Paid-in capital	\$801,754,151
Total distributable earnings (loss)	410,159,379
Net assets	\$1,211,913,530
Shares of beneficial interest outstanding	33,655,498

	Net assets	Shares outstanding	Net asset value per share
Initial Class	\$538,205,526	14,783,964	\$36.40
Service Class	673,708,004	18,871,534	35.70

See Notes to Financial Statements

FINANCIAL STATEMENTS | STATEMENT OF OPERATIONS (unaudited)

This statement describes how much your fund earned in investment income and accrued in expenses. It also describes any gains and/or losses generated by fund operations.

Six months ended 6/30/21

Net investment income (loss)

Income	
Dividends	\$20,371,308
Other	47,147
Income on securities loaned	13,382
Dividends from affiliated issuers	3,140
Foreign taxes withheld	(717,927)
Total investment income	\$19,717,050
Expenses	
Management fee	\$4,470,441
Distribution and/or service fees	839,543
Shareholder servicing costs	27,442
Administrative services fee	82,656
Independent Trustees' compensation	9,439
Custodian fee	76,160
Shareholder communications	58,855
Audit and tax fees	32,230
Legal fees	4,417
Miscellaneous	17,923
Total expenses	\$5,619,106
Reduction of expenses by investment adviser	(72,192)
Net expenses	\$5,546,914
Net investment income (loss)	\$14,170,136
Realized and unrealized gain (loss)	
Realized gain (loss) (identified cost basis)	
Unaffiliated issuers	\$14,458,841
Forward foreign currency exchange contracts	(2,463,154)
Foreign currency	11,954
Net realized gain (loss)	\$12,007,641
Change in unrealized appreciation or depreciation	
Unaffiliated issuers (net of \$11,101 decrease in deferred country tax)	\$2,853,688
Forward foreign currency exchange contracts	6,742,188
Translation of assets and liabilities in foreign currencies	(43,287)
Net unrealized gain (loss)	\$9,552,589
Net realized and unrealized gain (loss)	\$21,560,230
Change in net assets from operations	\$35,730,366

See Notes to Financial Statements

FINANCIAL STATEMENTS | STATEMENTS OF CHANGES IN NET ASSETS

These statements describe the increases and/or decreases in net assets resulting from operations, any distributions, and any shareholder transactions.

	Six months ended 6/30/21 (unaudited)	Year ended 12/31/20
Change in net assets		
From operations		
Net investment income (loss)	\$14,170,136	\$28,889,068
Net realized gain (loss)	12,007,641	30,463,188
Net unrealized gain (loss)	9,552,589	(549,017)
Change in net assets from operations	\$35,730,366	\$58,803,239
Total distributions to shareholders	\$—	\$(56,937,274)
Change in net assets from fund share transactions	\$(40,686,181)	\$(75,290,012)
Total change in net assets	\$(4,955,815)	\$(73,424,047)
Net assets		
At beginning of period	1,216,869,345	1,290,293,392
At end of period	\$1,211,913,530	\$1,216,869,345

See Notes to Financial Statements

FINANCIAL STATEMENTS | FINANCIAL HIGHLIGHTS

The financial highlights table is intended to help you understand the fund's financial performance for the semiannual period and the past 5 fiscal years. Certain information reflects financial results for a single fund share. The total returns in the table represent the rate that an investor would have earned (or lost) on an investment in the fund share class (assuming reinvestment of all distributions) held for the entire period.

Initial Class	Six months ended 6/30/21 (unaudited)	Year ended				
		12/31/20	12/31/19	12/31/18	12/31/17	12/31/16
Net asset value, beginning of period	\$35.33	\$35.18	\$29.38	\$29.50	\$26.81	\$25.56
Income (loss) from investment operations						
Net investment income (loss) (d)	\$0.44	\$0.87	\$0.90	\$0.89	\$0.81	\$1.06(c)
Net realized and unrealized gain (loss)	0.63	0.99	6.37	(0.56)	3.17	1.91
Total from investment operations	\$1.07	\$1.86	\$7.27	\$0.33	\$3.98	\$2.97
Less distributions declared to shareholders						
From net investment income	\$—	\$(0.84)	\$(1.37)	\$(0.33)	\$(1.29)	\$(1.08)
From net realized gain	—	(0.87)	(0.10)	(0.12)	—	(0.64)
Total distributions declared to shareholders	\$—	\$(1.71)	\$(1.47)	\$(0.45)	\$(1.29)	\$(1.72)
Net asset value, end of period (x)	\$36.40	\$35.33	\$35.18	\$29.38	\$29.50	\$26.81
Total return (%) (k)(r)(s)(x)	3.03(n)	5.90	25.07	1.06	14.83	11.47(c)
Ratios (%) (to average net assets) and Supplemental data:						
Expenses before expense reductions (f)	0.79(a)	0.80	0.79	0.78	0.80	0.77(c)
Expenses after expense reductions (f)	0.78(a)	0.79	0.78	0.78	0.79	0.77(c)
Net investment income (loss)	2.49(a)	2.63	2.69	2.98	2.78	3.89(c)
Portfolio turnover	9(n)	32	28	27	27	33
Net assets at end of period (000 omitted)	\$538,206	\$537,240	\$556,301	\$492,930	\$561,744	\$556,607

See Notes to Financial Statements

MFS Utilities Series

Financial Highlights - continued

Service Class	Six months ended	Year ended				
	6/30/21 (unaudited)	12/31/20	12/31/19	12/31/18	12/31/17	12/31/16
Net asset value, beginning of period	\$34.69	\$34.56	\$28.86	\$28.98	\$26.37	\$25.15
Income (loss) from investment operations						
Net investment income (loss) (d)	\$0.39	\$0.77	\$0.80	\$0.81	\$0.73	\$0.97(c)
Net realized and unrealized gain (loss)	0.62	0.97	6.27	(0.56)	3.09	1.90
Total from investment operations	\$1.01	\$1.74	\$7.07	\$0.25	\$3.82	\$2.87
Less distributions declared to shareholders						
From net investment income	\$—	\$(0.74)	\$(1.27)	\$(0.25)	\$(1.21)	\$(1.01)
From net realized gain	—	(0.87)	(0.10)	(0.12)	—	(0.64)
Total distributions declared to shareholders	\$—	\$(1.61)	\$(1.37)	\$(0.37)	\$(1.21)	\$(1.65)
Net asset value, end of period (x)	\$35.70	\$34.69	\$34.56	\$28.86	\$28.98	\$26.37
Total return (%) (k)(r)(s)(x)	2.91(n)	5.62	24.80	0.81	14.49	11.24(c)
Ratios (%) (to average net assets) and Supplemental data:						
Expenses before expense reductions (f)	1.04(a)	1.05	1.04	1.04	1.05	1.02(c)
Expenses after expense reductions (f)	1.03(a)	1.04	1.03	1.03	1.04	1.02(c)
Net investment income (loss)	2.24(a)	2.38	2.44	2.76	2.53	3.64(c)
Portfolio turnover	9(n)	32	28	27	27	33
Net assets at end of period (000 omitted)	\$673,708	\$679,629	\$733,992	\$727,201	\$1,021,211	\$998,836

(a) Annualized.

(c) Amount reflects a one-time reimbursement of expenses by the custodian (or former custodian) without which net investment income and performance would be lower and expenses would be higher.

(d) Per share data is based on average shares outstanding.

(f) Ratios do not reflect reductions from fees paid indirectly, if applicable.

(k) The total return does not reflect expenses that apply to separate accounts. Inclusion of these charges would reduce the total return figures for all periods shown.

(n) Not annualized.

(r) Certain expenses have been reduced without which performance would have been lower.

(s) From time to time the fund may receive proceeds from litigation settlements, without which performance would be lower.

(x) The net asset values and total returns have been calculated on net assets which include adjustments made in accordance with U.S. generally accepted accounting principles required at period end for financial reporting purposes.

See Notes to Financial Statements

NOTES TO FINANCIAL STATEMENTS (unaudited)

(1) Business and Organization

MFS Utilities Series (the fund) is a diversified series of MFS Variable Insurance Trust (the trust). The trust is organized as a Massachusetts business trust and is registered under the Investment Company Act of 1940, as amended, as an open-end management investment company. The shareholders of each series of the trust are separate accounts of insurance companies, which offer variable annuity and/or life insurance products, and qualified retirement and pension plans.

The fund is an investment company and accordingly follows the investment company accounting and reporting guidance of the Financial Accounting Standards Board (FASB) Accounting Standards Codification Topic 946 Financial Services - Investment Companies.

(2) Significant Accounting Policies

General — The preparation of financial statements in conformity with U.S. generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities, and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of increases and decreases in net assets from operations during the reporting period. Actual results could differ from those estimates. In the preparation of these financial statements, management has evaluated subsequent events occurring after the date of the fund's Statement of Assets and Liabilities through the date that the financial statements were issued. The fund invests primarily in securities of issuers in the utility industry. Issuers in a single industry can react similarly to market, currency, political, economic, regulatory, geopolitical, environmental, public health, and other conditions. The value of stocks in the utilities sector can be very volatile due to supply and/or demand for services or fuel, financing costs, conservation efforts, the negative impact of regulation, and other factors. The fund invests in foreign securities. Investments in foreign securities are vulnerable to the effects of changes in the relative values of the local currency and the U.S. dollar and to the effects of changes in each country's market, economic, industrial, political, regulatory, geopolitical, environmental, public health, and other conditions.

Certain of the fund's investments, derivatives, debt and other contracts may be based on reference interest rates such as the London Interbank Offered Rate ("LIBOR"). In 2017, the regulatory authority that oversees financial services firms in the United Kingdom announced plans to transition away from LIBOR by the end of 2021. In March 2021, the administrator of LIBOR announced the extension of the publication of the more commonly used U.S. dollar LIBOR settings to the end of June 2023. Although the full impacts of the transition away from LIBOR are not fully known, the transition may result in, among other things, an increase in volatility or illiquidity of the markets for instruments that currently rely on LIBOR to determine interest rates and this could have an adverse impact on the fund's performance. With respect to the fund's accounting for investments, derivatives, debt and other contracts that undergo reference rate-related modifications as a result of the transition, management will rely upon the relief provided by FASB Codification Topic 848 – Reference Rate Reform (Topic 848). The guidance in Topic 848 permits the fund to disregard the GAAP accounting requirements around certain contract modifications resulting from the LIBOR transition such that for contracts considered in scope, the fund can account for those modified contracts as a continuation of the existing contracts.

Balance Sheet Offsetting — The fund's accounting policy with respect to balance sheet offsetting is that, absent an event of default by the counterparty or a termination of the agreement, the International Swaps and Derivatives Association (ISDA) Master Agreement, or similar agreement, does not result in an offset of reported amounts of financial assets and financial liabilities in the Statement of Assets and Liabilities across transactions between the fund and the applicable counterparty. The fund's right to setoff may be restricted or prohibited by the bankruptcy or insolvency laws of the particular jurisdiction to which a specific master netting agreement counterparty is subject. Balance sheet offsetting disclosures, to the extent applicable to the fund, have been included in the fund's Significant Accounting Policies note under the captions for each of the fund's in-scope financial instruments and transactions.

Investment Valuations — Equity securities, including restricted equity securities, are generally valued at the last sale or official closing price on their primary market or exchange as provided by a third-party pricing service. Equity securities, for which there were no sales reported that day, are generally valued at the last quoted daily bid quotation on their primary market or exchange as provided by a third-party pricing service. Short-term instruments with a maturity at issuance of 60 days or less may be valued at amortized cost, which approximates market value. Forward foreign currency exchange contracts are generally valued at the mean of bid and asked prices for the time period interpolated from rates provided by a third-party pricing service for proximate time periods. Open-end investment companies are generally valued at net asset value per share. Securities and other assets generally valued on the basis of information from a third-party pricing service may also be valued at a broker/dealer bid quotation. In determining values, third-party pricing services can utilize both transaction data and market information such as yield, quality, coupon rate, maturity, type of issue, trading characteristics, and other market data. The values of foreign securities and other assets and liabilities expressed in foreign currencies are converted to U.S. dollars using the mean of bid and asked prices for rates provided by a third-party pricing service.

The Board of Trustees has delegated primary responsibility for determining or causing to be determined the value of the fund's investments (including any fair valuation) to the adviser pursuant to valuation policies and procedures approved by the Board. If the adviser determines that reliable market quotations are not readily available, investments are valued at fair value as determined in good faith by the adviser in accordance with such procedures under the oversight of the Board of Trustees. Under the fund's valuation policies and procedures, market quotations are not considered to be readily available for most types of debt instruments and floating rate loans and many types of derivatives. These investments are generally valued at fair value based on information from third-party pricing services. In addition, investments may be valued at fair value if the adviser determines that an investment's value has been materially affected by events occurring after the close of the exchange or market on which the investment is principally traded (such as foreign exchange or market) and prior to the determination of the fund's net asset value, or after the halt of trading of a specific security where trading does not resume prior to the close of the exchange or market on which the security is principally traded. Events that occur after foreign markets close (such as developments in foreign markets and significant movements in the U.S. markets) and prior to the determination of the fund's net asset value may be deemed to have a material effect on the value of securities traded in foreign markets. Accordingly, the fund's foreign equity securities may often be valued at fair value. The adviser generally relies on third-party pricing services or other information (such as the correlation with price movements of similar securities in the same or other markets; the type, cost and investment characteristics of the security; the business and financial condition of the issuer; and trading and other market data) to assist in determining whether to fair value and at what value to fair value an investment. The value of an investment for purposes of calculating the fund's net asset value can differ depending on the source and method used to determine value. When fair valuation is used, the value of an investment used to determine the fund's net asset value may differ from quoted or published prices for the same investment. There can be no assurance that the fund could obtain the fair value assigned to an investment if it were to sell the investment at the same time at which the fund determines its net asset value per share.

Various inputs are used in determining the value of the fund's assets or liabilities. These inputs are categorized into three broad levels. In certain cases, the inputs used to measure fair value may fall into different levels of the fair value hierarchy. In such cases, an investment's level within the fair value hierarchy is based on the lowest level of input that is significant to the fair value measurement. The fund's assessment of the significance of a particular input to the fair value measurement in its entirety requires judgment, and considers factors specific to the investment. Level 1 includes unadjusted quoted prices in active markets for identical assets or liabilities. Level 2 includes other significant observable market-based inputs (including quoted prices for similar securities, interest rates, prepayment speed, and credit risk). Level 3 includes unobservable inputs, which may include the adviser's own assumptions in determining the fair value of investments. Other financial instruments are derivative instruments, such as forward foreign currency exchange contracts. The following is a summary of the levels used as of June 30, 2021 in valuing the fund's assets or liabilities:

Financial Instruments	Level 1	Level 2	Level 3	Total
Equity Securities	\$1,200,151,261	\$—	\$—	\$1,200,151,261
Mutual Funds	6,853,786	—	—	6,853,786
Total	\$1,207,005,047	\$—	\$—	\$1,207,005,047
Other Financial Instruments				
Forward Foreign Currency Exchange Contracts – Assets	\$—	\$2,694,103	\$—	\$2,694,103
Forward Foreign Currency Exchange Contracts – Liabilities	—	(704,622)	—	(704,622)

For further information regarding security characteristics, see the Portfolio of Investments.

Foreign Currency Translation — Purchases and sales of foreign investments, income, and expenses are converted into U.S. dollars based upon currency exchange rates prevailing on the respective dates of such transactions or on the reporting date for foreign denominated receivables and payables. Gains and losses attributable to foreign currency exchange rates on sales of securities are recorded for financial statement purposes as net realized gains and losses on investments. Gains and losses attributable to foreign exchange rate movements on receivables, payables, income and expenses are recorded for financial statement purposes as foreign currency transaction gains and losses. That portion of both realized and unrealized gains and losses on investments that results from fluctuations in foreign currency exchange rates is not separately disclosed.

Derivatives — The fund uses derivatives primarily to increase or decrease exposure to a particular market or segment of the market, or security, to increase or decrease interest rate or currency exposure, or as alternatives to direct investments. Derivatives are used for hedging or non-hedging purposes. While hedging can reduce or eliminate losses, it can also reduce or eliminate gains. When the fund uses derivatives as an investment to increase market exposure, or for hedging purposes, gains and losses from derivative instruments may be substantially greater than the derivative's original cost.

Notes to Financial Statements (unaudited) - continued

The derivative instruments used by the fund during the period were forward foreign currency exchange contracts. Depending on the type of derivative, a fund may exit a derivative position by entering into an offsetting transaction with a counterparty or exchange, negotiating an agreement with the derivative counterparty, or novating the position to a third party. The fund's period end derivatives, as presented in the Portfolio of Investments and the associated Derivative Contract tables, generally are indicative of the volume of its derivative activity during the period.

The following table presents, by major type of derivative contract, the fair value, on a gross basis, of the asset and liability components of derivatives held by the fund at June 30, 2021 as reported in the Statement of Assets and Liabilities:

Risk	Derivative Contracts	Fair Value	
		Asset Derivatives	Liability Derivatives
Foreign Exchange	Forward Foreign Currency Exchange Contracts	\$2,694,103	\$(704,622)

The following table presents, by major type of derivative contract, the realized gain (loss) on derivatives held by the fund for the six months ended June 30, 2021 as reported in the Statement of Operations:

Risk	Forward Foreign Currency Exchange Contracts
Foreign Exchange	\$(2,463,154)

The following table presents, by major type of derivative contract, the change in unrealized appreciation or depreciation on derivatives held by the fund for the six months ended June 30, 2021 as reported in the Statement of Operations:

Risk	Forward Foreign Currency Exchange Contracts
Foreign Exchange	\$6,742,188

Derivative counterparty credit risk is managed through formal evaluation of the creditworthiness of all potential counterparties. On certain, but not all, uncleared derivatives, the fund attempts to reduce its exposure to counterparty credit risk whenever possible by entering into an ISDA Master Agreement on a bilateral basis. The ISDA Master Agreement gives each party to the agreement the right to terminate all transactions traded under such agreement if there is a specified deterioration in the credit quality of the other party. Upon an event of default or a termination of the ISDA Master Agreement, the non-defaulting party has the right to close out all transactions traded under such agreement and to net amounts owed under each agreement to one net amount payable by one party to the other. This right to close out and net payments across all transactions traded under the ISDA Master Agreement could result in a reduction of the fund's credit risk to such counterparty equal to any amounts payable by the fund under the applicable transactions, if any.

Collateral and margin requirements differ by type of derivative. For cleared derivatives (e.g., futures contracts, cleared swaps, and exchange-traded options), margin requirements are set by the clearing broker and the clearing house and collateral, in the form of cash or securities, is posted by the fund directly with the clearing broker. Collateral terms are counterparty agreement specific for uncleared derivatives (e.g., forward foreign currency exchange contracts, uncleared swap agreements, and uncleared options) and collateral, in the form of cash and securities, is held in segregated accounts with the fund's custodian in connection with these agreements. For derivatives traded under an ISDA Master Agreement, which contains a collateral support annex, the collateral requirements are netted across all transactions traded under such counterparty-specific agreement and an amount is posted from one party to the other to collateralize such obligations. Cash that has been segregated or delivered to cover the fund's collateral or margin obligations under derivative contracts, if any, will be reported separately in the Statement of Assets and Liabilities as restricted cash for uncleared derivatives and/or deposits with brokers for cleared derivatives. Securities pledged as collateral or margin for the same purpose, if any, are noted in the Portfolio of Investments. The fund may be required to make payments of interest on uncovered collateral or margin obligations with the broker. Any such payments are included in "Miscellaneous" expense in the Statement of Operations.

Forward Foreign Currency Exchange Contracts — The fund entered into forward foreign currency exchange contracts for the purchase or sale of a specific foreign currency at a fixed price on a future date. These contracts may be used to hedge the fund's currency risk or for non-hedging purposes. For hedging purposes, the fund may enter into contracts to deliver or receive foreign currency that the fund will receive from or use in its normal investment activities. The fund may also use contracts to hedge against declines in the value of foreign currency denominated securities due to unfavorable exchange rate movements. For non-hedging purposes, the fund may enter into contracts with the intent of changing the relative exposure of the fund's portfolio of securities to different currencies to take advantage of anticipated exchange rate changes.

Forward foreign currency exchange contracts are adjusted by the daily exchange rate of the underlying currency and any unrealized gains or losses are recorded as a receivable or payable for forward foreign currency exchange contracts until the contract settlement date. On contract settlement date, any gain or loss on the contract is recorded as realized gains or losses on forward foreign currency exchange contracts.

Risks may arise upon entering into these contracts from unanticipated movements in the value of the contract and from the potential inability of counterparties to meet the terms of their contracts. Generally, the fund's maximum risk due to counterparty credit risk is the unrealized gain on the contract due to the use of Continuous Linked Settlement, a multicurrency cash settlement system for the centralized settlement of foreign transactions. This risk is mitigated in cases where there is an ISDA Master Agreement between the fund and the counterparty providing for netting as described above and, where applicable, by the posting of collateral by the counterparty to the fund to cover the fund's exposure to the counterparty under such ISDA Master Agreement.

Security Loans — Under its Securities Lending Agency Agreement with the fund, State Street Bank and Trust Company, as lending agent, loans the securities of the fund to certain qualified institutions (the "Borrowers") approved by the fund. Security loans can be terminated at the discretion of either the lending agent or the fund and the related securities must be returned within the earlier of the standard trade settlement period for such securities or within three business days. The loans are collateralized by cash and/or U.S. Treasury and federal agency obligations in an amount typically at least equal to the market value of the securities loaned. On loans collateralized by cash, the cash collateral is invested in a money market fund. The market value of the loaned securities is determined at the close of business of the fund and any additional required collateral is delivered to the fund on the next business day. The lending agent provides the fund with indemnification against Borrower default. In the event of Borrower default, the lending agent will, for the benefit of the fund, either purchase securities identical to those loaned or, when such purchase is commercially impracticable, pay the fund the market value of the loaned securities. In return, the lending agent assumes the fund's rights to the related collateral. If the collateral value is less than the cost to purchase identical securities, the lending agent is responsible for the shortfall, but only to the extent that such shortfall is not due to a decline in collateral value resulting from collateral reinvestment for which the fund bears the risk of loss. A portion of the income generated upon investment of the collateral is remitted to the Borrowers, and the remainder is allocated between the fund and the lending agent. On loans collateralized by U.S. Treasury and/or federal agency obligations, a fee is received from the Borrower, and is allocated between the fund and the lending agent. Income from securities lending is separately reported in the Statement of Operations. The dividend and interest income earned on the securities loaned is accounted for in the same manner as other dividend and interest income. At June 30, 2021, there were no securities on loan or collateral outstanding.

Indemnifications — Under the fund's organizational documents, its officers and Trustees may be indemnified against certain liabilities and expenses arising out of the performance of their duties to the fund. Additionally, in the normal course of business, the fund enters into agreements with service providers that may contain indemnification clauses. The fund's maximum exposure under these agreements is unknown as this would involve future claims that may be made against the fund that have not yet occurred.

Investment Transactions and Income — Investment transactions are recorded on the trade date. Interest income is recorded on the accrual basis. Dividends received in cash are recorded on the ex-dividend date. Certain dividends from foreign securities will be recorded when the fund is informed of the dividend if such information is obtained subsequent to the ex-dividend date. Dividend payments received in additional securities are recorded on the ex-dividend date in an amount equal to the value of the security on such date.

The fund may receive proceeds from litigation settlements. Any proceeds received from litigation involving portfolio holdings are reflected in the Statement of Operations in realized gain/loss if the security has been disposed of by the fund or in unrealized gain/loss if the security is still held by the fund. Any other proceeds from litigation not related to portfolio holdings are reflected as other income in the Statement of Operations.

Tax Matters and Distributions — The fund intends to qualify as a regulated investment company, as defined under Subchapter M of the Internal Revenue Code, and to distribute all of its taxable income, including realized capital gains. As a result, no provision for federal income tax is required. The fund's federal tax returns, when filed, will remain subject to examination by the Internal Revenue Service for a three year period. Management has analyzed the fund's tax positions taken on federal and state tax returns for all open tax years and does not believe that there are any uncertain tax positions that require recognition of a tax liability. Foreign taxes, if any, have been accrued by the fund in the accompanying financial statements in accordance with the applicable foreign tax law. Foreign income taxes may be withheld by certain countries in which the fund invests. Additionally, capital gains realized by the fund on securities issued in or by certain foreign countries may be subject to capital gains tax imposed by those countries.

Notes to Financial Statements (unaudited) - continued

Distributions to shareholders are recorded on the ex-dividend date. Income and capital gain distributions are determined in accordance with income tax regulations, which may differ from U.S. generally accepted accounting principles. Certain capital accounts in the financial statements are periodically adjusted for permanent differences in order to reflect their tax character. These adjustments have no impact on net assets or net asset value per share. Temporary differences which arise from recognizing certain items of income, expense, gain or loss in different periods for financial statement and tax purposes will reverse at some time in the future.

Book/tax differences primarily relate to wash sale loss deferrals, derivative transactions, partnership adjustments, and certain preferred stock treated as debt for tax purposes.

The tax character of distributions declared to shareholders for the last fiscal year is as follows:

	Year ended 12/31/20
Ordinary income (including any short-term capital gains)	\$35,969,261
Long-term capital gains	20,968,013
Total distributions	\$56,937,274

The federal tax cost and the tax basis components of distributable earnings were as follows:

As of 6/30/21	
Cost of investments	\$865,673,674
Gross appreciation	350,476,005
Gross depreciation	(9,144,632)
Net unrealized appreciation (depreciation)	\$341,331,373
As of 12/31/20	
Undistributed ordinary income	21,343,618
Undistributed long-term capital gain	35,823,036
Other temporary differences	(22,309,943)
Net unrealized appreciation (depreciation)	339,572,302

The aggregate cost above includes prior fiscal year end tax adjustments, if applicable.

Multiple Classes of Shares of Beneficial Interest — The fund offers multiple classes of shares, which differ in their respective distribution and/or service fees. The fund's income, realized and unrealized gain (loss), and common expenses are allocated to shareholders based on the daily net assets of each class. Dividends are declared separately for each class. Differences in per share dividend rates are generally due to differences in separate class expenses. The fund's distributions declared to shareholders as reported in the Statements of Changes in Net Assets are presented by class as follows:

	Six months ended 6/30/21	Year ended 12/31/20
Initial Class	\$—	\$25,547,426
Service Class	—	31,389,848
Total	\$—	\$56,937,274

(3) Transactions with Affiliates

Investment Adviser — The fund has an investment advisory agreement with MFS to provide overall investment management and related administrative services and facilities to the fund. The management fee is computed daily and paid monthly at the following annual rates based on the fund's average daily net assets:

Up to \$1 billion	0.75%
In excess of \$1 billion and up to \$3 billion	0.70%
In excess of \$3 billion	0.65%

MFS Utilities Series

Notes to Financial Statements (unaudited) - continued

MFS has agreed in writing to reduce its management fee by a specified amount if certain MFS mutual fund assets exceed thresholds agreed to by MFS and the fund's Board of Trustees. For the six months ended June 30, 2021, this management fee reduction amounted to \$72,192, which is included in the reduction of total expenses in the Statement of Operations. The management fee incurred for the six months ended June 30, 2021 was equivalent to an annual effective rate of 0.73% of the fund's average daily net assets.

Distributor — MFS Fund Distributors, Inc. (MFD), a wholly-owned subsidiary of MFS, is the distributor of shares of the fund. The Trustees have adopted a distribution plan for the Service Class shares pursuant to Rule 12b-1 under the Investment Company Act of 1940.

The fund's distribution plan provides that the fund will pay MFD distribution and/or service fees equal to 0.25% per annum of its average daily net assets attributable to Service Class shares as partial consideration for services performed and expenses incurred by MFD and financial intermediaries (including participating insurance companies that invest in the fund to fund variable annuity and variable life insurance contracts, sponsors of qualified retirement and pension plans that invest in the fund, and affiliates of these participating insurance companies and plan sponsors) in connection with the sale and distribution of the Service Class shares. MFD may subsequently pay all, or a portion, of the distribution and/or service fees to financial intermediaries.

Shareholder Servicing Agent — MFS Service Center, Inc. (MFSC), a wholly-owned subsidiary of MFS, receives a fee from the fund for its services as shareholder servicing agent. For the six months ended June 30, 2021, the fee was \$25,988, which equated to 0.0043% annually of the fund's average daily net assets. MFSC also receives reimbursement from the fund for out-of-pocket expenses paid by MFSC on behalf of the fund. For the six months ended June 30, 2021, these costs amounted to \$1,454.

Administrator — MFS provides certain financial, legal, shareholder communications, compliance, and other administrative services to the fund. Under an administrative services agreement, the fund reimburses MFS the costs incurred to provide these services. The fund is charged an annual fixed amount of \$17,500 plus a fee based on average daily net assets. The administrative services fee incurred for the six months ended June 30, 2021 was equivalent to an annual effective rate of 0.0137% of the fund's average daily net assets.

Trustees' and Officers' Compensation — The fund pays compensation to independent Trustees in the form of a retainer, attendance fees, and additional compensation to Board and Committee chairpersons. The fund does not pay compensation directly to Trustees or officers of the fund who are also officers of the investment adviser, all of whom receive remuneration from MFS for their services to the fund. Certain officers and Trustees of the fund are officers or directors of MFS, MFD, and MFSC.

Other — The fund invests in the MFS Institutional Money Market Portfolio which is managed by MFS and seeks current income consistent with preservation of capital and liquidity. This money market fund does not pay a management fee to MFS but does incur investment and operating costs.

The fund is permitted to engage in purchase and sale transactions with funds and accounts for which MFS serves as investment adviser or sub-adviser ("cross-trades") pursuant to a policy adopted by the Board of Trustees. This policy has been designed to ensure that cross-trades conducted by the fund comply with Rule 17a-7 under the Investment Company Act of 1940. During the six months ended June 30, 2021, the fund engaged in sale transactions pursuant to this policy, which amounted to \$1,219,147, respectively. The sales transactions resulted in net realized gains (losses) of \$185,143.

The adviser has voluntarily undertaken to reimburse the fund from its own resources on a quarterly basis for the cost of investment research embedded in the cost of the fund's securities trades. This agreement may be rescinded at any time. For the six months ended June 30, 2021, this reimbursement amounted to \$46,990, which is included in "Other" income in the Statement of Operations.

(4) Portfolio Securities

For the six months ended June 30, 2021, purchases and sales of investments, other than short-term obligations, aggregated \$102,876,177 and \$133,813,032, respectively.

(5) Shares of Beneficial Interest

The fund's Declaration of Trust permits the Trustees to issue an unlimited number of full and fractional shares of beneficial interest. Transactions in fund shares were as follows:

Notes to Financial Statements (unaudited) - continued

	Six months ended 6/30/21		Year ended 12/31/20	
	Shares	Amount	Shares	Amount
Shares sold				
Initial Class	344,927	\$12,297,484	693,191	\$22,914,614
Service Class	731,526	25,779,753	1,582,964	49,564,692
	1,076,453	\$38,077,237	2,276,155	\$72,479,306
Shares issued to shareholders in reinvestment of distributions				
Initial Class	—	\$—	813,353	\$25,547,426
Service Class	—	—	1,016,840	31,389,848
	—	\$—	1,830,193	\$56,937,274
Shares reacquired				
Initial Class	(768,663)	\$(27,604,790)	(2,109,750)	\$(69,285,092)
Service Class	(1,453,930)	(51,158,628)	(4,245,334)	(135,421,500)
	(2,222,593)	\$(78,763,418)	(6,355,084)	\$(204,706,592)
Net change				
Initial Class	(423,736)	\$(15,307,306)	(603,206)	\$(20,823,052)
Service Class	(722,404)	(25,378,875)	(1,645,530)	(54,466,960)
	(1,146,140)	\$(40,686,181)	(2,248,736)	\$(75,290,012)

(6) Line of Credit

The fund and certain other funds managed by MFS participate in a \$1.25 billion unsecured committed line of credit of which \$1 billion is reserved for use by the fund and certain other MFS U.S. funds. The line of credit is provided by a syndicate of banks under a credit agreement. Borrowings may be made for temporary financing needs. Interest is charged to each fund, based on its borrowings, generally at a rate equal to the highest of one month LIBOR, the Federal Funds Effective Rate and the Overnight Bank Funding Rate, plus an agreed upon spread. A commitment fee, based on the average daily, unused portion of the committed line of credit, is allocated among the participating funds. In addition, the fund and other funds managed by MFS have established unsecured uncommitted borrowing arrangements with certain banks for temporary financing needs. Interest is charged to each fund, based on its borrowings, at rates equal to customary reference rates plus an agreed upon spread. For the six months ended June 30, 2021, the fund's commitment fee and interest expense were \$2,457 and \$0, respectively, and are included in "Miscellaneous" expense in the Statement of Operations.

(7) Investments in Affiliated Issuers

An affiliated issuer may be considered one in which the fund owns 5% or more of the outstanding voting securities, or a company which is under common control. For the purposes of this report, the following were affiliated issuers:

Affiliated Issuers	Beginning Value	Purchases	Sales Proceeds	Realized Gain (Loss)	Change in Unrealized Appreciation or Depreciation	Ending Value
MFS Institutional Money Market Portfolio	\$4,847,086	\$72,684,686	\$70,677,986	\$—	\$—	\$6,853,786
					Dividend Income	Capital Gain Distributions
MFS Institutional Money Market Portfolio					\$3,140	\$—

(8) Impacts of COVID-19

The pandemic related to the global spread of novel coronavirus disease (COVID-19), which was first detected in December 2019, has resulted in significant disruptions to global business activity and the global economy, as well as the economies of individual countries, the financial performance of individual companies and sectors, and the securities and commodities markets in general. Multiple

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Notes to Financial Statements (unaudited) - continued

surges in cases globally, the availability and widespread adoption of vaccines, and the emergence of variant strains of the virus continue to create uncertainty as to the future and long-term impacts resulting from the pandemic including impacts to the prices and liquidity of the fund's investments and the fund's performance.

STATEMENT REGARDING LIQUIDITY RISK MANAGEMENT PROGRAM

The fund has adopted and implemented a liquidity risk management program (the “Program”) as required by Rule 22e-4 under the Investment Company Act of 1940, as amended. The fund’s Board of Trustees (the “Board”) has designated MFS as the administrator of the Program. The Program is reasonably designed to assess and manage the liquidity risk of the fund. Liquidity risk is the risk that the fund could not meet requests to redeem shares issued by the fund without significant dilution of remaining investors’ interests.

MFS provided a written report to the Board for consideration at its April 2021 meeting that addressed the operation of the Program and provided an assessment of the adequacy and effectiveness of the Program during the period from January 1, 2020 to December 31, 2020 (the “Covered Period”). The report concluded that during the Covered Period the Program had operated effectively and had adequately and effectively been implemented to assess and manage the fund’s liquidity risk. MFS also reported that there were no liquidity events that impacted the fund or its ability to timely meet redemptions without dilution to existing shareholders during the Covered Period.

There can be no assurance that the Program will achieve its objectives in the future. Further information on liquidity risk, and other principal risks to which an investment in the fund may be subject, can be found in the prospectus.

PROXY VOTING POLICIES AND INFORMATION

MFS votes proxies on behalf of the fund pursuant to proxy voting policies and procedures that are available without charge, upon request, by calling 1-800-225-2606, by visiting mfs.com/proxyvoting, or by visiting the SEC's Web site at <http://www.sec.gov>.

Information regarding how the fund voted proxies relating to portfolio securities during the most recent twelve-month period ended June 30 is available by August 31 of each year without charge by visiting mfs.com/proxyvoting, or by visiting the SEC's Web site at <http://www.sec.gov>.

QUARTERLY PORTFOLIO DISCLOSURE

The fund files a complete schedule of portfolio holdings with the SEC for the first and third quarters of each fiscal year as an exhibit to its reports on Form N-PORT. The fund's Form N-PORT reports are available on the SEC's Web site at <http://www.sec.gov>. A shareholder can obtain the portfolio holdings report for the first and third quarters of the fund's fiscal year at mfs.com/vit1 by choosing the fund's name and then scrolling to the "Resources" section and clicking on the "Prospectus and Reports" tab.

FURTHER INFORMATION

From time to time, MFS may post important information about the fund or the MFS Funds on the MFS Web site (mfs.com). This information is available at <https://www.mfs.com/announcements> or at mfs.com/vit1 by choosing the fund's name and then scrolling to the "Resources" section and clicking on the "Announcements" tab, if any.

INFORMATION ABOUT FUND CONTRACTS AND LEGAL CLAIMS

The fund has entered into contractual arrangements with an investment adviser, administrator, distributor, shareholder servicing agent, 529 program manager (if applicable), and custodian who each provide services to the fund. Unless expressly stated otherwise, shareholders are not parties to, or intended beneficiaries of these contractual arrangements, and these contractual arrangements are not intended to create any shareholder right to enforce them against the service providers or to seek any remedy under them against the service providers, either directly or on behalf of the fund.

Under the Trust's By-Laws and Declaration of Trust, any claims asserted against or on behalf of the MFS Funds, including claims against Trustees and Officers, must be brought in state and federal courts located within the Commonwealth of Massachusetts.

